

OFAH ZONE J NEWSLETTER



MARCH 2023

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| www.ofahj.org/zonej

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- Meet Paul Prowse, Treasurer/Secretary
- Annual General Meeting Info
- How Girls and Guns got started.
- Mark Ryckman provides testimony regarding Bill C-21
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MESSAGE FROM THE TREASURER/SECRETARY

My name is Paul Prowse and I love hunting and fishing. As a child I spent most of my summers on an island in Georgian Bay. By the end of the summer my siblings and I were like feral children heading back to school. There are six of us. When I was 12, my father sent me in a 15-foot aluminum boat, alone to the Cottage Store to buy a carton of cigarettes, a thick Toronto Star, and a magazine of my choice with the change. The Ontario Out of Doors Magazine was the one. There were glossier magazines, but Ontario Out of Doors was jammed packed with articles, studies, government agendas, conservation laws and regulations, latest fishing techniques, tips and pictures of real people catching real fish. Looking back, I think I didn't pick this magazine; it chose me. I would read and re-read that thing all summer and when done, it went on the shelf with the many others from years gone by. Or it was sent to purgatory as outhouse reading material.

"I love people, getting to know them, their stories, it's the best thing about this role in OFAH".

When I had children, I taught them to fish, like my father before me. I demonstrated how to clean it, opened the fish's stomach, and examined its contents, shared with them that they really are not that dissimilar to ourselves. We all have to eat and eventually we all have to die. When they ate that fish, they made a commitment to honor it, not waste it and perhaps even pass these newly acquired skills and knowledge on to others. Kids who learn this at an early age don't scrape that food off their plate into the garbage as quickly. They appreciate it for the magnificent creature it was. That's a small thing but also a big thing, it's very important to me. Today, both my children and my wife hunt and fish.

I smile now when I think of the small roll, I play in the OFAH Zone J as Treasurer/Secretary. I really wouldn't have it any other way. I'm not an arm's length kind of guy, I love people, getting to know them, their stories, it's the best thing about this role.

I'm under no illusions here, you're not my family, not my closest friends but we are not strangers either. We have something unique in common, a love for the outdoors, family, and this great province of Ontario. Whether it be hunting, fishing, trapping or just walking the dog in the woods. So, I feel as if I am very comfortable here amongst like-minded people.

Members of the OFAH appreciate what the province of Ontario and it's out of doors has to offer, perhaps a little more than the next person. I am honoured to serve as the Treasurer/Secretary of OFAH Zone J and I looking forward to meeting you all! Yours in Conservation, Paul



the Treasurer/Secretary of OFAH Zone J and I looking forward to meeting you all! Yours in Conservation, Paul

Ontario Federation of Anglers and Hunters Zone J AGM

Saturday, April 01, 2023

Brant Rod and Gun Club
54 Henderson Rd. Brantford, ON. N3R 0B8

Doors open at 9:30 am
Meeting starts at 10:00 am

Special Guest Speaker: Amanda
Lynn Mayhew of "That Hunting Girl"
TV Show. She is the founder of Just
Hunt Inc. an author, model, has a
clothing line and much much more!
Come hear her inspirational Speak!



Annual Attendance Prize

Get another chance to win our Annual Attendance Prize to be drawn at our Membership meeting on August 20, 2023 at Windsor Sportsmens Club. You could win a \$1300

Excalibur Crossbow or one of two Tackle Bucket's generously donated from our friends at North Shore Tackle and Raptor Kayak Canada, each worth \$300.

Free Kids Day for Children, while you attend the meeting; crafts, movie, pizza, drinks and snacks, outdoor activities such as hiking and archery (weather permitting) and much more. To

reserve your child's spot contact:

kidsclub@brgc.ca

Generously provided by the BRGC and their fabulous volunteers!



Ontario Federation of Anglers and Hunters Zone J

Lunch available for a fee and includes: Beef on a bun, cheese and pickle platter, salads, coffee and tea.

ONTARIO FEDERATION OF ANGLERS AND HUNTERS ZONE J- AGM

Notice of OFAH Zone J Membership Meeting

Saturday, April 1, 2023 – 10:00 am

**Brant Rod and Gun Club
54 Henderson Rd, Brantford, ON**

**Doors open at 9:30 am for coffee and refreshments.
10:00 am - meeting called to order.**



Special Guest Speaker: Amanda Lynn Mayhew of "That Hunting Girl"
Presentation of the Outstanding Achievement Award
Zone J Executive Elections
Door prizes
And much more.

Lunch is available for \$5
Beef on a bun
Cheese and Pickle platter, salads with coffee and Tea.

Free Kids Programming, includes:
Crafts, movie, pizza, drinks and snacks, plus outdoor activities such as hiking and archery
(weather permitting). There is no charge for this. Please email to reserve a spot for your
children: kidsclub@brgc.ca

Attend the meeting and get a chance win the door prize
of an OFAH Special Edition Buck Knife Set!

When you attend the meeting, you will get another chance to win our Annual Attendance Prize to be drawn on Sunday, August 20th at the Membership Meeting at the Windsor Sportsmens Club.



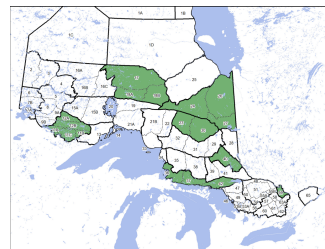
FUN FACT: The moose aerial inventory survey is done for this year. The survey staff flew over 826 hours this winter to count moose.

Moose aerial inventory surveys were completed in wildlife management units (WMUs) in all three regions:

- Northeast: WMUs 23, 24, 26, 27, 30, 36, 37, 40, 42
- Northwest: WMUs 11A, 11B, 11C, 12A, 12B, 17, 18A, 18B
- Southern: WMU 59



Updated population estimates will be posted in early April at ontario.ca/page/moose-population-management.



BRANT ROD & GUN CLUB – HOW GIRLS AND GUNS GOT STARTED



Brant Rod & Gun Club

www.brgc.ca

Since 1937 - Brant County's Oldest Conservation Club

Back in 2021 while having a talk with my husband about why I don't shoot, he mentioned that I should investigate renting the gun range for an hour with my girlfriends to become more comfortable. Unknowingly Michelle Flinders had a similar idea. Shortly after, in the late summer of 2021 Michelle and I were enjoying a bonfire and we started talking about ideas for the Brant Rod and Gun Club (BRGC). What was an idea, grew into the Girls & Guns!

Michelle and I had a vision to welcome females to the BRGC to learn about guns, shooting and archery. We wanted to give women a safe place to learn, experience and meet likeminded people in an open and comfortable setting. Michelle and I put in hundreds of hours and the event got bigger and better with every idea!

The Girls & Guns in 2022 was sold out and was an absolute hit! Everyone had so much fun and learned so much! This event was focused on first time female shooters and archers. This event was focused on firearms safety and safe gun handling practices. Over 140 women from across Ontario participated in this one-day event! We also invited 48 vendors, 3 food trucks and a team of 46 volunteers! We had a crew of mentors that consisted of 50% women on the trap and archery range.



Michelle and I are looking forward to the 2nd annual Girls & Guns event coming this June 24th, 2023, from 9am-5pm. We are beyond thankful for each other and everyone who supported our vision and continue to

make the Girls & Guns event such an amazing powerful women's day! Our future goals are to incorporate the upcoming Rifle, pistol, and handgun range.

2nd ANNUAL

GIRLS & GUNS

SATURDAY JUNE 24, 2023

LADIES ONLY SHOOT

Food Trucks
Vendors
Open to the Public

9am to 5pm

Trap- \$20/ Round
Archery- \$10/ Round

No Experience or Licenses Required
All Equipment Provided

Must Pre-register at girlsandguns@brgc.ca

BRANT ROD AND GUN CLUB
54 Henderson Rd, Brantford, ON

If your business would be interested in attending as an outdoor vendor or an information booth, please contact Michelle Flinders or Amanda Stamper at girlsandguns@brgc.ca

We would also be honored to receive any products or services as raffle prizes for the day of the event.

Sincerely, Amanda Stamper & Michelle Flinders



GOVERNMENT WITHDRAWS TWO CONTROVERSIAL GUN LAW CHANGES

Ontario Federation of Anglers and Hunters (OFAH) said the withdrawal acknowledged the widespread opposition from Canadians to the amendments and the need for consultation with gun owners.

“We will continue to urge the government to focus their efforts where they will be most effective at reducing crime – by keeping guns out of the hands of people who shouldn’t have them, giving police forces the funding, tools and training needed to address gun smuggling and gang violence, and ensuring our justice system treats criminal activity with the severity that it deserves,” said Mark Ryckman, OFAH Manager of Policy. Source: Ontario Farmer, Feb 07, 2023

Ontario Federation of Anglers and Hunters

"Model based firearm prohibitions will continue to fail"
OFAH Manager of Policy Mark Ryckman, travelled to Ottawa and provided testimony for the Standing Committee on Public Safety and National Security regarding Bill C-21 and its recently withdrawn amendments.



ZONE J'S QUIZ – TEST YOUR KNOWLEDGE

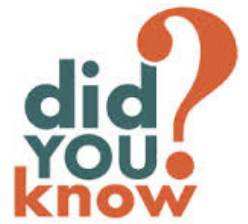
Answers to the questions can be found on the last page of this newsletter.



1. How many bear species are there in Ontario?
2. What are the tail differences between the lake trout, brook trout and the splake?
3. There are many lakes and rivers in Algonquin Provincial Park. Thinking of planning a trip to the iconic park this winter? Can you fish in Algonquin Park in the winter?
4. What is Ontario's only marsupial, or pouched mammal?
5. Can Canada geese fly year-round?
6. Are deer colour blind?
7. How far can a skunk spray?
8. It is Turkey opener on April 25, 2023, in Ontario. What are you allowed to harvest during the spring turkey hunt?
9. What is fastest growing demographic in the fishing and hunting industry?
10. On April 1st, 2023, at 10:00 am, the OFAH Zone J, Annual General Meeting and Elections will be held at this fantastic club. Can you name the club?

FUN FACT:

Ruffed grouse is by far the most popular small game species in Ontario. A 2020 survey of Ontario small game hunters found that most (63%) preferred ruffed grouse and grouse in general (77%) to all other small game species. Ruffed grouse are an important component of Ontario's biodiversity, as well as generating well over one hundred million dollars annually in hunting-related expenditures.



Source: <https://www.ontario.ca/document/ontario-hunting-regulations-summary>



Lots of Deals on New & Used Rods - Reels - Tackle



Sunday, March 12
9am - 3pm

Fort Erie Leisureplex

- 18th Year -
- *The little show that ROARS!!!* -
...see ya there!
(time change on event day)



Location:
Fort Erie Leisureplex
Banquet Hall
[Get Directions](#)

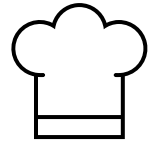


Admission: \$5.00
(under 15 free)
Free Parking

RECIPE CORNER:

Turkey Schnitzel

This is a recipe from the [meateater.com](http://www.themeateater.com). While travelling in Montana, Steve Rinella's cameraman/director came up with the meal after surveying the available ingredients. Steve called the result, "turkey magic" and now shares the recipe to all turkey fanatics and has sworn off all other turkey recipes for this one.



INGREDIENTS:

- 1 wild turkey breast half, boneless and skinless
- Kosher salt
- Freshly ground black pepper
- 1 cup all-purpose flour
- 2 eggs beaten with a little water
- 2 cups panko breadcrumbs
- Vegetable oil
- 1 lemon, cut into wedges



DIRECTIONS:

1. Cut the turkey breast half crosswise into 6 pieces, roughly 4-5 ounces each.
2. One at a time, place the pieces between two layers of plastic wrap.
3. Using a rock, hammer, meat mallet, or any other heavy solid object, pound the breast pieces until they are about 1/3 inch thick.
4. Season the turkey breast slices with salt and pepper.
5. Put the flour, beaten egg mixture, and breadcrumbs in separate plates or baking dishes.
6. Dredge the turkey pieces in the flour, then dip them in the egg, and finally coat in the breadcrumbs.
7. Meanwhile, heat 1/3-inch oil in a heavy-bottomed pot or Dutch oven over high heat.
8. Fry the schnitzel till golden brown on one side, turn, and brown the other side until cooked all the way through.
9. Drain on a plate lined with paper towels. Season with salt.
10. If eating by the campfire, squeeze a lemon wedge over the meat, then just eat it with your hands. If you're in a more civilized setting, serve with a knife and fork.



Source: <https://www.themeateater.com/cook/recipes/turkey-schnitzel-recipe>



BIG BUCK DAY AND GUN SHOW



April 15, 2023
9AM to 3PM
Seaforth and District Community Centre
122 Duke Street
Seaforth, Ontario

Contact Mouse (Larry) Dolmage for more information at 519-955-6026 or mouse@tcc.on.ca or see "Big Buck Day and Gun Show" on Facebook.

Admission: \$10
Kids Under 12: Free



OFAH ZONE J EXECUTIVE COMMITTEE

Contact information for your Executive Committee:

Greg Balch Chair	London Area	gwbalchofah@rogers.com 519-852 1126
Ray Boilard 1 st Vice	Windsor Area	rayboilard.ofah@gmail.com 905-736-2076
Mark Braet 2 nd Vice	Sarnia Area	markbraetofah@gmail.com 519-328-2354
Martin (Randy MacPherson) Director	Kitchener Area	Mrmac1954@gmail.com 519-835-5442
Paul Prowse Secretary/Treasurer	St Marys Area	paulprowseofah@gmail.com 519-857-3255
Brian Moore Past Chair	Watford Area	brianmoore@live.ca 519-919-1520
Tony Jackson 2 nd Past Chair	Stratford Area	Tonyj_ofah@gmail.com 519-273-4193

adult admission \$5 kids 12 and under Free



SOUTHWEST OUTDOORS CLUB

BIG BUCK SPORTSMEN'S SHOW

SATURDAY, APRIL 22ND

TILBURY ARENA 10 AM - 5 PM
Sponsored by the Tilbury Auto Mall

LOTS TO SEE & DO

\$2,500 IN DOOR PRIZES - DRAWS EVERY HOUR

75 Hunting & Fishing Vendor Booths - Award-Winning Taxidermy Displays
Beasley Brothers from Monster Whitetail Magazine
Cash Bar Open 11am - 4pm

FUN STUFF FOR THE KIDS

Live Trout Fishing Pond - Supervised 3D Archery Shoot
Live Birds of Prey Show Sponsored by BrokerLink Insurance
Free Raffle For Loads of Kids Fishing Gear

NEW FOOD SERVICE & SELECTION

2023 CFMOTO C-FORCE 600 EPS ATV RAFFLE

More Club News & Events at www.swoc.ca

BUCK RACKS - MOOSE RACKS - BEAR SKULLS - TURKEY BEARDS - SHEDS

SCORING BY F.R.O.W

ENTRIES CAN BE DROPPED OFF ON FRIDAY NOON - 6 PM & SATURDAY 10AM - 1 PM
TROPHIES WILL BE PRESENTED IN ALL CATEGORIES SATURDAY AT 3:30 PM

ZONE J QUIZ ANSWERS



1. There are two bear species in Ontario, the black bear and polar bear.
2. The main thing to ID is the tail. Splake exhibit a slight forking of the tail, although not as extreme as the lake trout. Brook Trout have a very “square” tail. See the following picture:



Picture source: <https://epictROUT.com/trout-id/>

3. No fishing is permitted in Algonquin Park from December to later April and serves as a fish sanctuary. There are a lot of other things to do in the famous provincial park other than fishing such as cross-country skiing, snow shoeing, skating, hiking and just enjoying the beauty of the great outdoors in the winter. But no fishing.
4. Ontario's only marsupial is an opossum.
5. Canada geese cannot fly year-round. They molt all their flight feathers at once and cannot fly for several weeks afterwards. Molting occurs while they are nesting and raising their young.
6. Deer have excellent day and night vision but have limited ability to see colour including hunter orange.
7. A skunk can spray up to 3 metres or 10 feet, but the smell can carry for many kilometres.
8. During the spring turkey hunt, you can harvest a bearded turkey.
9. Women are the fastest growing demographic in the fishing and hunting industry. Surpassing men and young boys by a very large margin. Source: Alyssa Lloyd, 2019
10. The Brant Rod and Gun Club.

KEEP IN TOUCH THROUGH ZONE J'S FACEBOOK'S PAGE



Did you know Zone J has their own Facebook page? Join the Facebook page to get the latest news, events, pictures and stories. Get to know what is happening in your zone! Search OFAH Zone J on Facebook to join or [Click here to join the Zone J Facebook page!](#)

WANT TO HAVE YOUR SAY?

Are you interested in submitting something for the newsletter or Facebook.
Do you have a question for the quiz?
Please contact the newsletter editor,
Paul Prowse at secretaryzonej@gmail.com.



Paul Prowse
Treasurer/Secretary Zone J
Ontario Federation of Anglers and Hunters (O.F.A.H)
Cell: 519-857-3255
Email: secretaryzonej@gmail.com

REMINDERS:

- Elections will be held at the April 1st Annual General Membership Meeting. Interested in getting involved? Contact Tony Jackson at Tonyj_ofah@mail.com or 519-273-4193
- Southwest Outdoors club has a \$1000 bursary and a \$1000 academic award available. Contact www.swoc.ca or facebook.com/SouthwestOutdoorsClub for more information.
- Gosfield North Sportsman Association has pheasants for sale.
Contact Tom Ferguson 519-613-9974 or Stan Gevaert 519-995-1512 to order.
- **Family Fishing Dates:**
 - May 13 & 14, Mother's Day weekend
 - June 17 & 18, Father's Day weekend
 - July 1 – 9, Family fishing week
 - No fishing license is necessary during these dates. Any other date a license is necessary.
- If you are under 18 years of age, over 65 years, a Veteran, or active Canadian Armed Forces member, you do not need to purchase a license.

